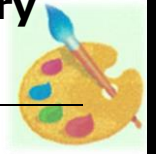


The ART Benefice of Churches; Anslow, Rolleston & Tutbury



Hello – my name is _____

I live locally at _____

My phone number is _____

Are you self-isolating due to Covid-19/Coronavirus? I can help you with:

Picking up shopping _____ Posting mail _____

A friendly phone call _____ Urgent supplies _____

Just call me or text me and I'll do my best to help you (for free)

Coronavirus is contagious

Please take every precaution to ensure you are spreading only kindness.

Avoid physical contact (2 metres distance). Wash your hands regularly.

Items should be left on your doorstep. *#viralkindness*

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